

Office Services

- Consultation
- Same-day Appointments
- Echocardiogram and Doppler
- Accredited Nuclear Stress Lab
- Complete Peripheral Vascular Lab
- Microvolt T-Wave Alternans
- 24 Hour Holter Monitor
- 21 Day Event Recorder
- Treadmill and Pharmacological Stress Test
- Laser Vein Ablation
- ECP (External Counter Pulsation)

Specialized Clinics

- Lipid Clinic
- Coumadin Clinic
- Pacemaker and Defibrillator Clinic

Hospital Services and Procedures

- Consultation
- 24-Hour Emergency Care
- Diagnostic Coronary Angiography
- Coronary Intervention (Stents, Rotational Atherectomy)
- Peripheral/Endovascular Intervention
- Pacemaker Implantation
- ICD and Biventricular ICD Implantation
- Atrial Septal Defect and PFO Closure
- Valvuloplasty
- Transesophageal Echocardiogram
- Cardioversion

Zephyrhills Office

38035 Medical Center Drive
Zephyrhills, FL 33540

Wesley Chapel Office

27424 Cashford Circle
Wesley Chapel, FL 33544
813-788-1400

Lakeland Office

4120 US Hwy. 98 N., Ste. 200
Lakeland, FL 33809
863-858-6666

Fax: 813-788-7691



Premier Heart and Vascular Center

www.premierheartandvascular.com

SUNIL GUPTA, MD, FACC, FSCAI
KETUL CHAUHAN, MD, FACC
MICHELE MIGNONE, PA-C

Board Certified in Cardiovascular Diseases
and Interventional Cardiology

EXERCISE MYOVIEV STRESS TEST

DATE OF EXAM: _____ - _____ - _____ TIME: _____ AM/PM

INFORMATION & INSTRUCTIONS:

RESTRICTIONS:

- **DO NOT** eat 4 hours prior to your test.
- 24 hours prior: **NO SMOKING, ALCOHOL OR CAFFEINE CONTAINING FOOD OR DRINK (Chocolate, Candy of any Kind, Pudding, Tea, Soda, Energy Drinks/Bars, Coffee, Decaffeinated Drinks or Caffeine Free Drinks or Any Product Containing Guarana)**

CLOTHING:

Wear the appropriate attire to walk on a treadmill: **LOOSE FITTING CLOTHING** (i.e. shorts or sweat pants), **COMFORTABLE RUBBER SOLED SHOES** (i.e. tennis shoes).
Wear comfortable clothing, but please **NO SHIRTS WITH SNAPPING BUTTONS.**

MEDICATIONS:

You must HOLD the following medications TWO days prior to your test:

Theophylline, Theo-Dur, Tedral SA, Theo-Organidin, Aggrenox, Permole, Dipyridamo le and Persantine. Also,

You must HOLD the following medications ONE Day prior to your test:

Any medications containing caffeine such as Anacin, Excedrin, Vivarin, NoDoz, Cafegot, Esgic, Fioricet, Fiorinal, Norgesic, Norgesic Forte, Synalgos.

CANCELLATION:

A 24-hour notice must be given if you need to cancel or reschedule your test or a fee may be charged for the medication that was ordered specifically for your test.

ADDITIONAL INFORMATION:

This exam usually consists of two parts, rest and stress. Myoviev will be administered to you while you are at rest, and a special camera will take pictures of your heart 30 minutes later. Myoviev will also be administered to you one other time by an injection during exercise and additional pictures will be taken 30-60 minutes later.

The procedure will take approximately 2-3 hours to complete.

Please feel free to call our office if you have any questions regarding this test or any of these instructions