



Premier Heart and  
Vascular Center

*Your Heart Matters*

## **ABDOMINAL AORTIC ULTRASOUND**

**Date of Exam:**\_\_\_\_\_ **Time:**\_\_\_\_\_AM/PM

### **Restrictions:**

- **No food or drinks 8 hours prior to your test**
- **NO GUM**
- **NO SMOKING**

**Take two (2) Gas-X (simethicone) at 9 p.m. the night before**

**\*\*\*\* may take a small sip of water if needed**

**Take two (2) Gas-X (simethicone) the morning of the test.**