



TREADMILL/CHEMICAL MYOVIEV STRESS TEST

Instructions:

DO NOT EAT 4 hours prior to your test.

24 hours prior: NO SMOKING, ALCOHOL, OR CAFFEINE CONTAINING FOOD OR DRINK (CHOCOLATE, CANDY OR ANY KIND OF PUDDING, TEA, SODA, ENERGY DRINKS/BARS, COFFEE, DECAFFEINATED DRINKS OR CAFFEINE FREE DRINKS OR ANY PRODUCTS CONTAINING GUARANA-(chemically identical to caffeine).

Diabetics: You MUST be fasting a minimum of 4 hours and be off all caffeine,

decaf and chocolate products for 24 hours. It is a good idea if you get up and eat a light breakfast such as cereal with milk or a piece of toast with an egg with just water or white milk to drink, but it MUST be at least 4 hours prior to your scheduled test time.

Wear comfortable clothing and shoes but NO SHIRTS WITH METAL SNAPPING BUTTONS. Avoid wearing jewelry. Ladies if possible avoid bras with underwires and wear a 2 piece outfit. NO DRESSES.

Bring a sweater or light blanket and something to occupy your time.

This test will take 3-4 hours.

Please Shower Prior To Your Testing.

Medications: Take your morning medications as usual with small sips of water except those that are listed below:

YOU MUST HOLD THE FOLLOWING MEDICATIONS TWO DAYS PRIOR TO YOUR TEST: Theyophylline, Theo-Dur, Aggrenox, Tedral SA, Theo-Organidin, Permle, Dipyridamole and Persantine.

YOU MUST HOLD THE FOLLOWING MEDICATIONS ONE DAY PRIOR TO YOUR TEST: any medications containing caffeine such as Anacin, Excedrin, Vivarin, NoDoz, Cafergot, Esgic, Fioricet, Fiorinal, Norgesic, Norgesic Forte, Synalgos and Immitrex.

Cancellation:

A 24 hour notice must be given if you need to cancel or reschedule your test or a fee may be charged for the medication that was ordered specially for your test.

Additional Information:

This exam usually consists of two parts: rest and stress. Myoview will be administered to you while you are at rest and a special camera will take pictures of your heart 30 minutes later. Myoview will also be administered to you following the Lexiscan injection; 30-60 minutes later, additional pictures will be taken. Lexiscan may cause some side effects including: shortness of breath, headache, flushing, chest discomfort, dizziness, chest pain, nausea, abdominal discomfort or feeling hot. These side effects will resolve approximately 10-15 minutes after the Lexiscan is infused. If necessary we will inject Aminophylline to reverse the side effects.